

**October 3rd, 2015**

**Heritage High School**

**Elementary Fun Run Registration Form**

The 2015 Heritage “5-Star Stride” will include three divisions of races, which are divided by grade level (K-5, Middle School, and High School).

**Race Schedule:**

(1) Middle School Boys - (3200 meters) 8:00 AM  
(2) Middle School Girls - (3200 meters) 8:30 AM

(3) Elementary School Boys and Girls - (1600 meter Fun Run) 9:00 A.M.

(4) Varsity Boys - (5K) 9:30 AM  
(5) Varsity Girls - (5K) 10:00 AM  
(6) J.V. Boys - (5K) 10:40 AM  
(7) J.V. Girls - (5K) 11:20 AM  
(\*8) Open/Co-ed Race (if needed) 12:00 PM  
  
**Elementary Fun Run:** The Elementary Fun Run will consist of a 1-mile loop. Participants may run or walk. Depending on the number of participants, we may break the race into two heats (K-2 and 3-5). Water will be provided at the end of the race.

**Awards: All participants in the “Elementary Fun Run” will receive a participation medal, as they cross the finish line.**

**Entry Fee: $5** for each K-5 participant\*There will be a 10% discount for groups of 10 or more.

**Facilities: Restrooms and concessions will be available.**

**Parking: There will be a $3 fee for each personal vehicle (excludes buses)**

Middle and High School participants should register on-line: <http://ga.milesplit.com/meets/211942-heritage-5-star-stride-invitational#.VXIcJM9Viko>. You may also access the link on our website: [www.heritagecrosscounrtry.weebly.com](http://www.heritagecrosscounrtry.weebly.com).

Elementary-aged participants should have their parents complete the following registration form, print, and mail it (along with payment) to:

**Jeremy Wynne**

**Heritage High School**

**3960 Poplar Springs Rd.**

**Ringgold, GA 30736**

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**Participant Name (Print): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Participant Age: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Participant Grade Level: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent/Guardian Name (Print): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

*By signing below, I give my child permission to participate in the “5-Star Stride Elementary Fun Run” on October 3rd, 2015. I understand that there are inherent risks associated with aerobic exercise, and I agree not to hold Catoosa Country Public Schools or Heritage High School liable in the unlikely event of injury.*

**Parent Consent (Please Sign): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_**

**Please make checks ($5/participant) payable to “Heritage Cross-Country Boosters.” Please DO NOT write checks to Heritage High School.**

If you have questions concerning the 5-Star Stride, feel free to contact me.

**Coach Wynne**

[**Jwynne.hhs@catooasa.k12.ga.us**](mailto:Jwynne.hhs@catooasa.k12.ga.us)

**423-987-6165**